



ARZANA PRIVATE SCHOOL – STUDENT WELLBEING POLICY

ACADEMIC YEAR (2025 – 26)

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Effective from: Academic Year 2025–2026

Revision Date: July 2025

Next Review: July 2026

1. Introduction

Arzana Private School is committed to ensuring every student thrives academically, socially, and emotionally within a safe, inclusive, and nurturing environment.

Wellbeing is embedded in all aspects of school life—from curriculum to co-curricular experiences—supporting the school’s vision to nurture happy, confident, and resilient learners.

2. Purpose

- Promote the holistic development of students in all three cycles (KG–Grade 8).
- Ensure a safe and caring environment that supports emotional, physical, and mental wellbeing.
- Integrate social-emotional learning (SEL) across subjects and activities.
- Establish monitoring systems that identify and support students at risk.

3. Scope

Applies to all students (KG1–Grade 8), teaching staff, and support teams responsible for student welfare, including the social worker, Inclusion Department, and Wellbeing Lead.

4. Guiding Principles

- **Safety:** Every child has the right to learn in a secure, respectful environment.
- **Inclusion:** All students, including those of determination and ELLs, receive equitable support.
- **Empowerment:** Students are encouraged to voice opinions and participate in school decisions.
- **Partnership:** Parents and guardians are integral to promoting student wellbeing.

5. Wellbeing Framework

The school adopts a Whole-School Approach with the following components:

5.1 Curriculum Integration

- Weekly Wellbeing and SEL periods across all grades.
- Cross-curricular activities linking wellbeing to moral education, health, and PE.

5.2 Emotional and Social Support

- Access to school counselor for individual or group sessions.
- Peer mentorship program in Cycle 2 to guide younger peers.
- Regular student voice surveys and “circle time” discussions.

5.3 Health and Physical Wellbeing

- Regular medical checkups, nutrition awareness campaigns, and fitness events.
- Safe playground supervision and hygiene monitoring.

5.4 Safety and Protection

- Anti-bullying policy implementation and awareness campaigns.
- Adherence to ADEK Student Protection Policy for reporting harm or abuse.

5.5 Recognition and Belonging

- Student recognition boards, awards, and cultural celebrations that build identity and pride.

6. Student Wellbeing Committee

Members: Social worker (Lead), Head of Inclusion, PE Coordinator, Class Teacher Representative, Student Ambassador, Parent Representative.

Functions:

- Organize wellbeing events and monitor programs.
- Review wellbeing data and action plans.
- Coordinate with ADEK for Wellbeing Mark readiness.

7. Student Voice and Engagement

- Student Council and Class Leaders gather feedback each term.
- Wellbeing Ambassadors support peers through “Buddy Talk” initiatives.
- Suggestion boxes and digital forms available for anonymous input.

8. Identification and Support

- Teachers use wellbeing observation checklists to identify at-risk students.
- Concerns referred to Social worker/Inclusion team for intervention.
- Tiered support structure (Universal, Targeted, Intensive) mirrors ADEK's Educational Risk Policy.

9. Monitoring and Evaluation

- Termly wellbeing survey and progress tracking.
- Evidence recorded in the Wellbeing Mark portfolio.
- Outcomes reflected in SIP and reviewed by the School Leadership Team.

10. Communication and Awareness

- Policy shared with staff, parents, and students during orientation.
- Visible displays across campus promoting wellbeing slogans and resources.
- Regular workshops for parents on emotional intelligence, digital safety, and resilience.

11. Review and Compliance

This policy will be reviewed annually or upon ADEK policy updates. The school ensures full compliance with ADEK's Wellbeing Frameworks, Student Protection Policy, and UAE Federal Law No. 45 of 2021 on Data Protection.

Approved by: School Governing Board – Arzana Private School

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